

Issue 15

FARVARDIN

1405

Noortimes

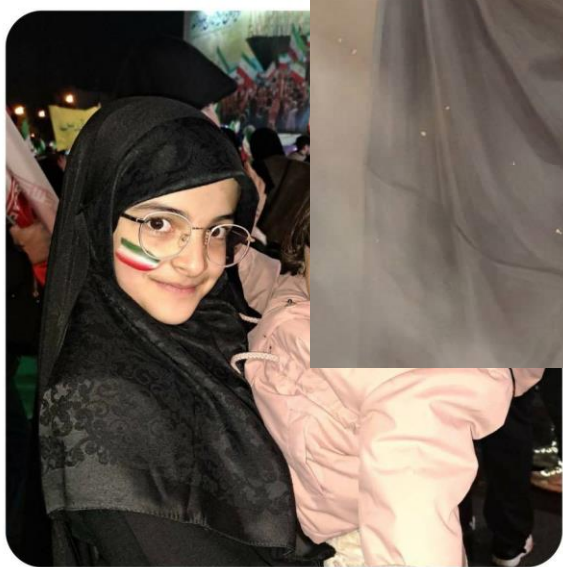
PEPTALK ENGLISH ACADEMY



Noor Al-huda Tazkiyeh

Forty Days without you...

Iranian people march for more than forty days now to express their love and dedication for the leader of their country and to prove that they will stand with their country forever.



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HAPPY NOWRUZ

Nowruz, which means "new day" in Persian, is the traditional Iranian New Year celebrated for over 3,000 years! It marks the first day of spring and the beginning of a new year in the Persian calendar. Nowruz is a time of renewal, joy, and hope, bringing families and communities together to celebrate nature's rebirth.

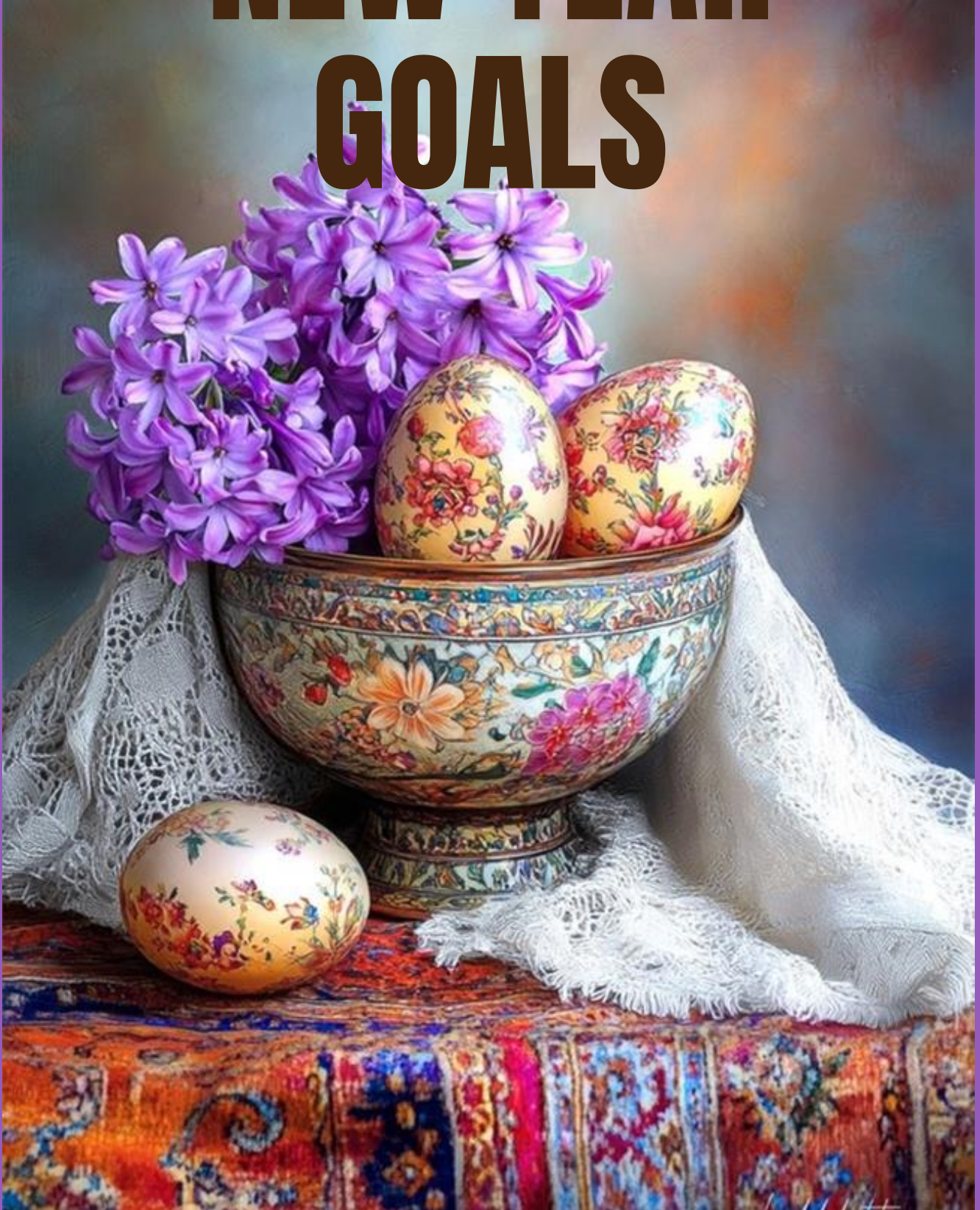
The celebrations last for about two weeks and include many meaningful customs. One of the most famous traditions is the Haft-Seen table — a beautiful arrangement of seven symbolic items, each starting with the Persian letter "S." These items represent health, wealth, love, patience, and more. People also clean their homes, buy new clothes, visit loved ones, and enjoy delicious traditional foods.

Nowruz is not only celebrated in Iran but also by millions of people across Central Asia, the Middle East, and beyond. It reminds us all of the importance of new beginnings, kindness, and cultural heritage.

To all the wonderful students of Peptalk English Academy,
Happy Nowruz! May this new year bring you happiness, success, and exciting new opportunities to learn and grow. Let's embrace this season of renewal with open hearts and positive energy.
Nowruz Mobarak!

Peptalk English Academy

NEW YEAR GOALS





Fatemeh Varahram

Among all these noises coming from outdoor, bombing sounds or crying you could still find peace. The peace that comes alongside the spring by all blossoms that bloom or each bird that sings you can see how life goes by. The important part is while world is getting its youth back with spring starting, we should get and gain new experiences and for me new year means getting older and getting more mature.

. My goal is to be a better person. And my plan for doing that is to have better manor and behavior. I will try to control myself to not to swear and not to be so short-tempered. I will try my best to achieve my goal.

Zeinab Shirazi

Hi I am Zeinab Shirazi . And I start my new year with a lot of goals .For example : I want to speak English better and go to travel and talk with tourists .

I love learning horse riding because horse is my favorite animal .

I like see my country as a winner of this war . And my last goal is be a good student with great marks .



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Hosna Kheirkhah

This year I want to be super good at 2 things. The first one is school. I'll try my best to learn and do my schoolwork. The other one is my friends. I want to be a nice friend and I also hope to make new friends who are fun and kind. I also want to be helpful at home, maybe by tidying up my stuff.

Learning, being a good friend, and helping out will make this a happy year.

Hosna Ahmadi nejad

I want to improve my English skills, speak more confidently, and practice English every day.

I plan to manage my time better and stay organized.

I want to spend more quality time with my family and friends.

I want to spend less time on my phone and more time on useful activities.

I hope to stay motivated and never give up on my goals.

I want to study more this year.

I want to smile more.

And that's it

N.Z Motiyee

I have three goals, for this year.

First of all, I want to focus on my school and studies. I want to try my best for every little detail and make my family proud of me.

Second of all, I want to be fluent in Russian and make Russian friends.

And in the end, I want to be a better person. A better person, a better daughter and a better friend. I want to make my friends and family proud of me. I want to be a kind, smart, beautiful, and generous person for all the people I know, and for myself.

I hope to achieve them, and I believe God will help me, too.

Sarah Behgooy

My goals for the new year include diving into psychology through reading, improving my acting skills, and continuing with my sport, [mention her sport, e.g., soccer]. I'm eager to learn more about people, express myself creatively, and stay active and focused!

Happy New Year!

Saba Sadat Moosavi

.This year I want to change my life
I want to study more, I want to
read more books
this year I want to learn Tennis
because I like to play it with my
mam and dad
This year I want to be more kind
with my family members.
This year I want to pray on time
and speak with God more and
more and I want to be a
better girl
And I want to be very happy
I will try my best... ✨:)



Saba Sarabi

I want to improve my
English skills, study and
read more than last year. I
want to play professional
basketball. I want to do more
artwork and paintings.
Finally, I hope this year is a
good one for everyone.

Dina Ohadi

In the name of God 🌿"
I want to set some goals for my
new year 🌻. first of all, I want
to wake up early even on days
that I don't have school because
I can do my all works during the
day. Second thing that I want to
change is to keep my bedroom
clean because when my
bedroom is clean, I feel
peace. 🌿. And the last thing
that I want to do it ,is : be more
kind to other people and
myself 🇪🇺 because world is
better place with
kindness... ✨❤

Zahra Razmi

I suppose the New year is a
great opportunity to work and
improve my abilities and
schedule.
I can learn from my experience
and fix my mistakes.
I want to forget the worthless
thing and focus on my self
And it's going to be a nice time
to make some new habit like
doing sport, reading the book, .
I'll be a maverick and audacious
person in this year.
Hop you good

Happy New Year!

Negin Kianizadeh

Hello

:My goals for the new year is
I want to read books a lot (like 4
or 5 books in the month
I want to be great in my class
I want to go to the gym (class
like swimming, basketball ...)
I want to cooking foods and
cakes
I want to walk and run a lot (but
in some beautiful places like
mountains or parks and some
places like them...)
I want to enjoy my life and my
time
I know I am in the golden time in
my life so I want to be happy and
spend my time with my best
friends



Ronika Ebrahimi

. This New Year, I have set some special personal goals to make my life better. These goals are important to me, and I am determined to achieve them.

First, I want to study all my lessons perfectly. I will read and complete every homework in the best way possible. No more distractions – I will focus on my studies every day to get the highest grades.

Second, I plan to fix all the bad habits that I don't like about myself. For example, I will work on being more patient, honest, and kind. I will reflect on my behavior every evening and make changes step by step.

Third, I will stop depending on others. From now on, I will rely only on myself. I will build my confidence and solve my problems independently, without waiting for help.

Finally, I will do my best for myself and my family. I want to create the best opportunities and happy moments for us. Whether it's saving money, helping at home, or planning fun activities, I will make our lives better.

These goals will make me stronger and happier. I believe in myself, and with hard work, I will succeed!



Meshkat Soltani

The year 1405 has arrived. In this new year, we will have experiences...

I want to strive to achieve success in this new year. I hope you also achieve your goals in the new year.

Boshra Radan

: My goals for the new year are to attend more classes, be a better person, spend more time with my family, be a more useful individual for my country, exercise regularly, reduce my stress, spend more time with my friends, and read books

Fatemeh Jaahi

my goals for the new year :
go to new class
read new books
I'll do nothing using the phone
Korean reading
better speak English
I will ask god to help me achieve the goals I have in the new year

Narges Sadat Alavi

In the new year, I want to improve in my studies and follow a better plan. I want to study a little every day, focus more, and get higher grades.
Along with school, I also want to get better at goalkeeping. I want to work on my reactions, jumps, and correct positioning. I also want to become stronger so I can play more confidently in matches. I hope this year will be a year of progress for me in both school and football.
happy new year 🎉

Hosna Jafari

This year, I will study more. I will exercise every week. I will learn new English words. I will try a new hobby. I want to learn cooking and cook with friends. I will also travel and have fun with my friends more.



Golsa Hosseini

A new year feels like a fresh start a chance to grow learn and improve. This year, I want to set goals that help me become a stronger and happier version of myself. I hope to study with more focus, discover new interests, and push myself to think creatively. I also want to take better care of my health, sleep well, and stay patient with myself even when things get difficult.

- [] I want to build more confidence, step out of my comfort zone, and try experiences that help me understand who I truly want to become. I hope to surround myself with positive people and be someone who inspires others too. Most of all, I want to believe in my dreams and take steady steps toward them. This year is a blank page and I'm ready to fill it with progress courage, and good memories. ❤️



F. Sahba Asgari

Initially, I'm not an assertive person, but in a few situations, I must approach around my goals. However, In New Year of my life I like to be kinder ,also I should aid people and also help people to share their feelings.

Plus, playing with children because they have crumbly feelings.

In New Year of my life, I must live as I reading book , write novels ,watch a movie and have fun with my family and my friends.

and also, I must know about New things as language, the book of the new writer ,new meal ,learn musical instruments .

Finally, in New Year I must live and be fun because we should be fun :)))



New year, New Goals.

Yekta Salmani

My New Year Goals ✨

I often struggle to start talking about my goals. I have many goals I want to achieve as soon as possible, and some seem realistic. I also have goals that never change, like keeping up with reading books, always getting the best marks in my classes and going to gym and doing sports professionally. I want to stay happy and spend quality time with my family and friends.

I've always had simple goals. But as I get older, I realize they will change. Life teaches us new ways to live, and we develop bigger ambitions for our dreams and goals.

The truth is, wars these days make everything worse and more depressing. I know this feeling isn't just mine, many people share it.🙏

Sarah Taheri Behrooz

New Year can be full of chances for us, but it depends on your perspective. This year starts by a dark long war for us, but it can be never a reason to makes us upset and give up trying.

This year I will try to have a good plan for my lessons, assignments and exams. Also, I will try to be calmer and patient, I will try not to think about tomorrow and be nervous about the things that have not happened yet. I try to use my chances. I should make myself braver and can be calm in all situations. I hope peace , health, wealth and happiness for all my citizens.

Setayesh Nikkhah

Hello. I want to talk about my goals for the new year.

First, I want to get the best grade at the end of this term. I study hard and try to do my homework on time. I hope i can be one of the best students in my class.

Second, I want to continue my sport, basketball. Ideally like basketball. I want to practice more and become a better player

Third, I want to finish learning English. English is very important for my future, so I study it every day.

Fourth, I want to study for a very important exam.

Finally, I want to reach something that I have in my mind. it is important and big goal for me and I hope get it.

My goals



Peptalk English Academy

I have made some goals for the year 1405, and they have been very important to me. I have wanted to study more and read more books this year. I have also planned to travel more, because new places have always made me happy. I have tried to enjoy life more and focus on the good moments. I have worked on improving my skills, and this has helped me feel more confident. I have hoped that these goals will make my year better and more exciting.

Nazanin Zahra
Soraya

Teachers at school...

Although education is online due to the Israeli-America attacks to our homeland, teachers in Noor-Alhuda Tazkiyeh went to school to make sure that students are able to make the most of online classes. Here are some pictures to demonstrate bravery, courage and dedication.



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