



Peptalk  
English  
Academy

Noor A-huda  
Tazkiyeh



# Noortimes

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# **INTERNATIONAL NURSES DAY**



Every year on May 12th, we celebrate International Nurses Day to recognize the vital role nurses play in our healthcare systems and communities. This day marks the birthday of Florence Nightingale, the founder of modern nursing, and is a time to honor the dedication, compassion, and hard work of nurses around the world. Whether caring for patients in hospitals, schools, homes, or clinics, nurses are often the first to provide comfort and support during times of need. Their tireless efforts, especially during global health challenges, remind us that they are true everyday heroes. Let's take a moment to say thank you and appreciate the incredible impact nurses make in our lives.

# SUMMER VACATION

Fatemeh Mobasher  
Kashani

My summer plan is simple. I want to rest and enjoy my time. First, I will wake up early and go for a short walk in the morning. Then, I plan to read some easy English books to improve my language. I also want to visit my grandparents and spend time with my family. Sometimes, I will go to the park with my friends and play games. I hope this summer will be happy and full of good memories

Ronika Ebrahimi

Going to basketball classes, swimming classes, theater classes, photography classes, and editing classes. In the summer, I will make a video of my daily activities and edit it myself. I will go to the north with my family: my mother, father, sister, cousins, and aunts. I will take photos of the horses, the forest, the sky, and the very, very beautiful sea there and attach them to my room collection. I will make a vlog of our great trip with my cousins.

Cook together. I will make funny videos. I will take lots of photos and videos of each other by the sea. Do trendy and diverse challenges, and.... Enjoy our time together. When we get back, spend time with my cousins. I will have an amazing summer at the end and I can't wait for it.

Hosna Ahmadijad

This summer I have many plans. First, I want to rest after my exams. The school year was busy and sometimes stressful. So, I need some quiet time. In the first week, I will stay at home. I want to watch movies and read books. I also want to sleep more in the morning. After that, I plan to travel with my family. We want to go to a beautiful city near the sea. I love the beach and warm weather. We will walk near the sea in the evening. We will eat local food in small restaurants. I want to take many photos. Another plan is learning new things. I want to improve my English. So, I will read simple English stories. I also want to watch English videos. Listening helps me learn new words. In my free time, I want to exercise. I will ride my bicycle in the park. Sometimes I will go for a walk with my friends. We may have a picnic together. I love spending time with them. At the end of summer, I want to feel happy. I hope I learn new things and make good memories. I think this summer will be great



# SUMMER VACATION

Helma Yaghoobi

This summer I want to have a relaxing and fun time. First, I'm planning to join a volleyball class because I really like sports and I want to improve my skills. I also want to rest more and enjoy my free time after a busy school year. Another thing I'd like to do is try cooking some simple meals and desserts at home, which sounds exciting to me. In my free time, I will listen to music and spend time with my friends. Sometimes we may go out together and just enjoy the summer days. I also hope to sleep a lot because I usually don't get enough sleep during school. Overall, I want my summer to be calm, enjoyable, and full of small happy moments.

Fatemeh Asemi

Summer is a pleasant season to relax, have fun and enjoy the life. And is a good time for spending time in any practices which like them. In last summers I didn't use very perfect; but this year I want to learn a lot of skills. My father offered me to go to a small city to attend many classes there. Some of advantages about small towns are :  
The places are around the corner and we haven't to spending a lot of time in the ways. Or another thing is the low cost for each classes and other services.  
Far from family is hard but is an interesting experience for one summer.

Reyhaneh Golroonia

Hi! My name is Reyhaneh and I am 16 years old. Summer is my favorite season because I don't have school and I have more free time. This summer, I have some plans and I feel really excited. First, I want to rest for a few days. The school year was busy, so I want to sleep more and relax. I will also watch some movies and spend time with my family. Next, I want to improve myself. I am interested in English, so I plan to practice it every day. I want to read short English stories, watch simple videos, and learn new words. I think this will help me feel more confident for school. I also want to do more exercise. In the evenings, I plan to go walking in the park with my family or my friends. Sometimes we may ride bikes together. I believe exercise makes me feel healthier and happier. Another plan is learning something useful. For example, I want to try making a simple plan for my study time and learn how to manage my schedule better. If I have enough time, I would like to travel with my family for a few days. We may visit my grandparents or go to another city. I really like family trips because they are fun and relaxing. In general, I want to have a happy and peaceful summer. I hope I can enjoy my holiday and prepare for the next school year.

Noor Times

## Hosna Nikbakht

I want to take art classes next summer so I can create artwork. And I want to improve my English and speak it better. I like to watch a lot of movies. Also, I want to learn sign language to help deaf people. I want to break my bad habits and understand others better. In addition, I will try to help the poor more. And I want to read more books. Finally, I want to be a better person

## Fatemeh Varahram

Summer is a great opportunity to do things you like. Such as taking courses and classes, doing voluntary work, going out with friends, spending more quality time with your family or even learning new skills. As my summer I rather to concentrate on making progress in math because I'm not really fond of mathematics but I need to learn it for my studies. My second plan is to learn how to cook better and help my dear mother with household. How about you guys? What are your plans for this upcoming summer? Are you going to participate in a special classes? Or focus on your studies?  
I hope you all a great summer.

## Zahra Roohi

This summer, I have a simple and interesting plan. First, I want to rest after a busy school year and spend more time with my family. I also plan to read some English books and improve my vocabulary. In addition, I will try to wake up early every day and exercise in the morning. These activities will help me stay healthy and active during the holiday. So, my summer plan is useful and enjoyable for me.

Another important part of my summer plan is learning new things. I want to take an English course online and practice speaking with my friends. I also hope to visit some new places with my family and take photos. Besides that, I will help my parents at home and use my free time in a good way. I think this summer can be both fun and educational. In conclusion, I want to use my summer holiday in the best way possible.



# SUMMER VACATION

Zahra Sheykh Al-raees

Mohadeseh Poorzand

Summer is a season of joy, rest, and new experiences for me. This summer, I want to spend more time having fun, traveling, visiting family and friends, and enjoying the warm days. I also plan to read interesting books and do my favorite activities so that I can have a happy and memorable summer. For me, summer means a break from tiredness and a chance to enjoy peaceful and cheerful moments.

I have always loved summer. maybe because I was born in it and the other important reason is schools are closed and it mean we are free. I never plan my summers have somethings in my head that I want to do but it's not like I have a complete plan for them. In my opinion we just have to go with the flow 'enjoy a bout the warm weather and clear our mind but there are a few things that I'd like to try. For example, I plan to take skating classes and learn to play an instrument or I want to spend more time playing with my cousin .lastly, I think we should really enjoy about this beautiful season.

Nazanin Darabi

This summer I want to go to tennis and basketball classes and exercise every day. I like to do art. I will spend more time with my brother. I will go out with my friends. I might finish my studies earlier in the summer. I want to watch a lot of movies. I am glad that I can sleep more in the summer. I am sure that this summer will be very fun with my family and friends.



## Mona Bagheri

For summer I have some plans for myself to make it a useful summer. I believe to become a better person you have to make a good plan first then do the plan on time and be serious about it. then I'm sure that you can do all you wanted to do. well, I have a plan for my summer too. one of the most important one: for example, I'm going to join some class like swimming class or art class and some other to be talented in more things. well, I am a reader too so I will read lots of good books. and because I love watching movie perhaps I finish some movies. Then I want to help my parents more and I want to be more kind with others. and I guess I am going to make a study plan for the next year at school so I can be a better student. at the end I just want to try to become a person who gets better every day then the day before and of course I wish the same for you all.



## Saba Shemshadifard

for summer plans, I have to say that I don't want to make to do lists or try to have a regular schedule. The only thing that I planned to do is sports and trying to keep my body healthy otherwise I have no plans for summer It might sounds wired but I just want to enjoy living without stress cause in summer there is no school ! yeah this is the fun part about summer. I can rest and doing many things that come to my head, like I can go to another city but if I plan before I go, well it won't feel like a trip anymore, I mean planning is boring and that's just my opinion. so, if you ask me what I'm doing this summer, I will say I don't know ! just living, that's all.

## Hosna Jafari

This summer, I will study a little every day, not too much. I will try to keep my plan organized, but I don't want it to be boring or tiring. I will also rest and sleep enough so I can stay with energy.

Besides studying, I will try to be more active. Sometimes I will go out, talk with my friends, and enjoy my free time. I will also do my hobbies and make sure my days feel good. At the end of summer, I want to feel like I improved a bit and I had a calm, useful summer.

# SUMMER VACATION

Ghazaleh Kazemzadeh

Fatemeh Azadi

This summer, I have many exciting plans . First, I want to read a lot of books because reading helps me learn new things and relax . I hope to finish several interesting novels and maybe discover a new favorite author. I also want to spend more time with my friends and family because they are very important to me. We may go out together, have fun conversations, and make happy memories.

Another thing I want to do is watch movies, especially during quiet evenings at home. I enjoy watching different kinds of films because they are entertaining and sometimes inspiring. In addition, I would like to join a painting class this summer. I love art, and I think painting can help me become more creative and express my feelings in a different way.

Finally, I really want to give myself enough time to rest. After a busy year, I think relaxation is important for both the mind and body. I want to sleep well, enjoy peaceful days, and do things that make me happy. I hope this summer will be fun, relaxing, and full of wonderful experiences.

Summer for me is useful because I can do my extra works. I can take a time for my self in this seasons. these are my reason for I enjoy spend summer. First, I will want to learn a new language, why? because learning new language is useful for my future. this was one plan. my next plan is be better my English level. it is useful for my future too. and other somethings: I am going to basketball gym because I love playing basketball and also, I am good at playing this sport. playing sport, it is so good for my body and health, but I play this because I enjoy basketball playing. I want to increase my information. with? with books, movies or meeting with wise people. next, I want to to make journal. what is my meaning about journal? my meaning of journal is a note down in a notebook that I write my happy things, things that I see in a world, about my travels, my books, or planning day for my tomorrow. writing journal, is interesting for me. in my idea it will relic of my past self. these are my plans for my next summer. I hope it will really...

# Summer Time



this summer, I plan to relax and enjoy a break I want to travel to a new place with friends or family I hope to read more books and learn something new I plan to spend more time outside staying active overall, I want my summer be fun and memorable

**Negin Kianizadeh**



I will to go to the swimming class two years ago I went to this class But I forgot now .I want to go to the Recreational places with my friends or my family. I went to a class last summer I want to complete that I'm not sure but I might to learn to play the kalimba I like cooking so if my mom let me and I decide not to dirty anything. I'll learn cook some thing In this year's I can't watched some movies. So, I will watch some movies

**Fatemeh Yazdani**

# Summer Time

Hello everyone 🙋❤️  
I want to take a taekwondo class this summer. One of my important things is to take a programming class. I love drawing and painting, so I want to spend more time on it. Well, watching movies is also a part of my life 😊🎀

**Meshkat Soltani**

...My plan for the summer is The first go to a gym and strengthen myself for the upcoming volleyball tournament I have to write a list for watching movies so that I can watch movies more easily Besides that, I have to make a plan to go out with my close friends I hope I have a good summer ahead

**Zeinab Mirrezaei**



# Summer Time

Hi, I want to write about my summer plans. I plan to watch a lot of movies and go out and shop. Maybe we will travel to the north with my grandmother to a very distant place and shop together. Maybe I will buy gifts for everyone in the north, or maybe not. We will definitely watch movies together or go shopping from morning till night, and sometimes we will sleep. I also have to go to a cafe with my aunt once and go to a restaurant with my friends.

This summer, I want to have a long rest and enjoy my free time. I would like to travel and walk by the sea. I think it will be very relaxing and beautiful. After that, I want to go to a cooking class and learn how to make new food. I also want to study English and practice every day. In addition, I want to do exercise and stay healthy. I hope my summer will be fun, useful, and full of new experiences.

I want to study and learn a new skill for example: learn cooking.

I want to go on various trips with my family, such as to Isfahan Mashhad or even Karbala. I want to spend time with my friends.

I want to continue a sport like swimming and basketball. I want to go to the water park and play. And most of all I want to be with my family. 🌞 🧡

**Boshra Radan**

**Nazanin Zahra  
Soraya**

**Sarah Taeb**

# Summer Time

Summer is my favorite season of the year because it gives me the chance to relax, try new things, and spend more time with the people I care about. This summer, I have several exciting plans that will help me grow, have fun, and make beautiful memories.

First, I plan to travel with my family to a city near the sea. I love the sound of the waves and the feeling of warm sand under my feet. During this trip, I want to take many photos, try local food, and enjoy the sunset every evening. Traveling always helps me feel refreshed and inspired.

In addition to traveling, I want to improve my skills. I am planning to read at least five books this summer. Reading helps me expand my knowledge and improve my vocabulary. I also want to learn something new, such as cooking a few simple dishes or starting an online course related to my interests.

Another important goal for my summer is to stay healthy. I plan to exercise regularly, go for morning walks, and drink more water. I believe that taking care of my body and mind is very important.

Finally, I want to spend quality time with my friends. We are planning to have small gatherings, watch movies together, and maybe even start a small project just for fun.

In conclusion, I hope this summer will be productive, relaxing, and full of happiness. I am excited about the opportunities ahead and ready to make the most of my time.

**Nazanin Zahra  
Motice**



# MY SUMMER Plans

Zeinab Khazali

My summer plan is very exciting. This summer, I am going to have a lot of fun. I want to go to English classes and improve my speaking. Then, I will travel to Mashhad with my mom and friends. We are going to enjoy our trip. After that, I might go to a photography class and buy a camera. Finally, I am going to read many books and relax at home. I think this summer will be great and amazing.

Hosna Kheirkhah

This summer, I have a plan to do many fun and interesting things! First, I'm really looking forward to spending lots of time outdoors, especially going on bike rides to enjoy the nice weather and see beautiful views. Art is another big part of my plan, so I want to spend more time painting and also try learning new things in digital art. To stay active and have fun, I'm thinking about joining a basketball class, which will also help me learn to play better with a team. If I have some quiet time, I might work on writing a story. And to keep learning, I'll take an online workshop about a subject I find interesting.



Setayesh

this summer, I want to start my favorite sport again, and I really hope I don't get injured this time. I also want to spend some days alone at home, doing things I love such as watching movies, drawing, and listening to music. I'd like to make plans with my friends too. we went to go out, have fun, and travel to different places. There are many things I couldn't do during the school because I was busy with my studies, so I want to do them. overall, I just want to relax.

## Leili Motamed

This summer, I want to keep things simple. First, I plan to rest a bit because the school year was tiring. I'll spend more time with my friends, maybe go biking, hang out, or watch movies together. I also want to practice one skill—probably improving my English or learning a bit of coding. Besides that, I'm hoping to take at least one short trip with my family, nothing fancy, just somewhere peaceful to change the mood. Overall, my goal is to relax, have fun, and get ready for the next school year without stressing too much.



PEPTALK ENGLISH  
ACADEMY

## Arefeh Foghai

As summer approaches I have decided to make these months truly meaningful by focusing on personal growth. Rather than just taking a break, I want to dedicate my time to learning new skills that will enrich my life.

First, I plan to enroll in a self-defense course. I believe that learning how to protect myself will not only improve my physical fitness but also significantly boost my confidence and mental resilience. To balance this discipline, I want to explore my creative side through photography and cooking. I am eager to learn how to capture beautiful moments through a lens and how to master the art of preparing delicious meals from scratch. There is something incredibly rewarding about creating something with your own hands. I want to incorporate more nature walks into my routine. Stepping away from screens and connecting with the outdoors will be essential for my mental well-being. This summer is all about finding a perfect balance between strength creativity and tranquility.

## Melina Jafari

My plan for this summer: For this summer I have some simple plans , I want to take both art and sport classes such as volleyball , swimming , handball and .. next I want to spend time with my family , go to trips , watch movies with them and have fun. In the end, if I ever got bored , I would like to take a look to the lessons I had this year so I don't forget them for next year and all. That's it :)

## Forough Ajdari

If I want to talk about my summer plans, first of all, I should say that I really don't want this summer to be like last summer, because last summer, and actually the whole last year, was the worst year of my life. For this coming summer, I hope I won't lose anyone and that no war happens. Of course, these things are not really in my control. So, I think the best thing I can do is spend time with my friends and family, go out with them, avoid reading war news, and just enjoy this summer as much as I can. As you know, we are going to high school soon, so this may be the last summer that I can enjoy without too much stress. Of course, I know that maybe none of these things will happen and that they are just dreams, but for writing on Nour talk, I think this is enough

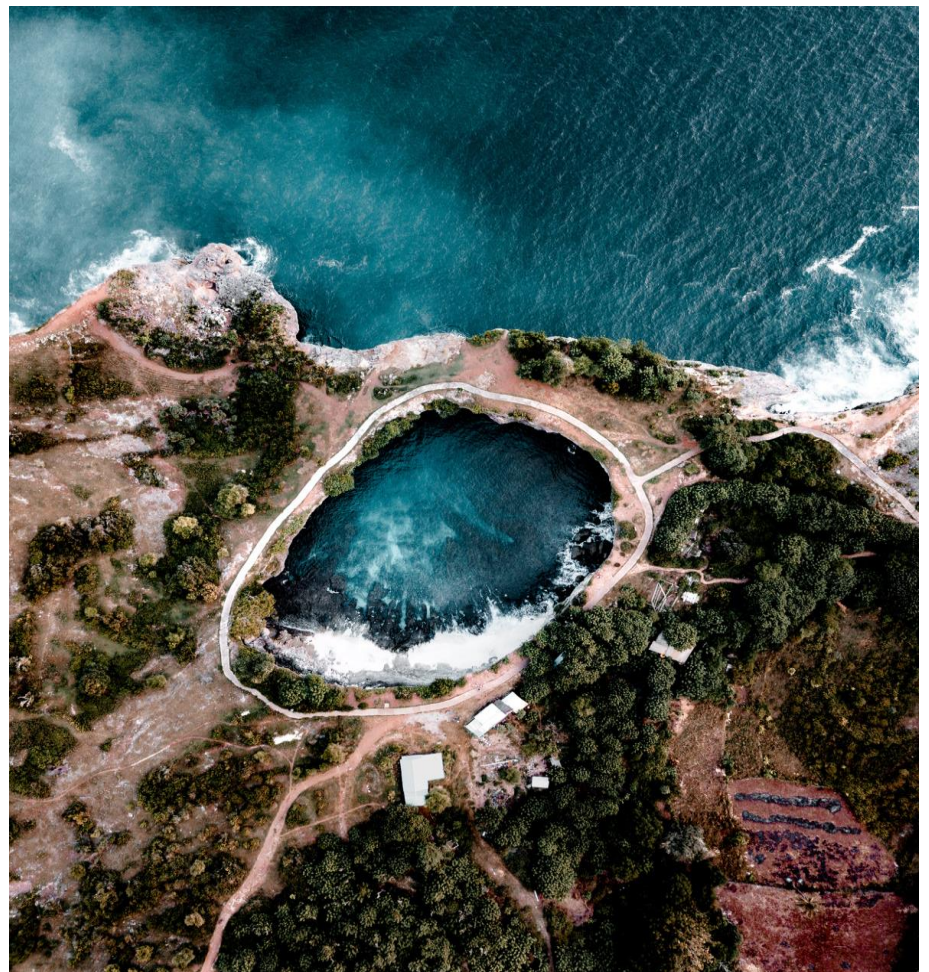
## Sana Bakhtyari

This summer, I want to do many fun things and enjoy my free time. The school year was exhausting, so I really need to relax and have some time for myself.

First, I am going to visit my grandmother who lives in a small town in the north of Iran. Her house is surrounded by trees and beautiful plants. I love spending time with her, helping my grandmother in the garden, and listening to her stories about her childhood.

After that, I plan to go on a short trip with my family. I really like to visit new places.

In Shahrivar, I want to start reading some new novels I planned on reading them before. I will also review the lessons I've learned till now. I think this summer will be amazing because I can both relax and learn new things. I hope everything goes as I planned.



## Maryam Eskandari

This summer I'd like to prepare myself for the next educational year , try to improve some of my skills and also make some healthy habits for myself First, I want to pre-read about some of my lectures in the next educational year and try to become more familiar with what I'm going to be doing for the next 9 months Second, I'd like to spend time improving some of my skills / hobbies such as swimming or learning some of the languages I like ( for example Russian and French ) better I would also want to level up my English and get closer to studying for IELTS Third I'm about to make new healthy habits for life such as waking up earlier , exercising daily , having a healthier diet and lifestyle and try to keep this habits for myself so it will be super helpful for the rest of the year

## Sahba Asgari

First of all, summer is very colorful for me. Because of we have the wonderful blessing of ice cream and fruits that each have a color.

This summer, is going to be full of colors for me as the blue of the sky and the warmth of the sun light as the colors of ice cream and the smell of strawberries

as the colors of houses and the diversity of people or like the photos and flowers

In the end, colors give beauty to our life, so summer should be colorful for us



## Reyhaneh Mahdizadeh

My summer plan is very exciting. This year, I want to spend more time with my family and relax. First, I will go to the beach for a few days. I love swimming in the sea and walking on the sand. I also want to take many photos.

After that, I plan to visit my grandparents in the countryside. Their house is quiet and peaceful. I will help them in the garden and enjoy the fresh air. In the evenings, we will sit together, drink tea, and talk.

Finally, I want to read two or three books during the summer. Reading helps me learn new words in English. I also hope to practice speaking English with my friends.

## Zahra Rasaaf

I have never planned for the summer

But this summer is going to be the best summer of my life with my best friend. We are going to go on a trip together but we don't know where yet.

We are going to go to the pool and... in the summer. Maybe we will visit different shopping malls and do some shopping.

We are going to go to the big market with my friend for summer clothes and buy beautiful fabrics. My friend's mother knows how to sew and she is going to sew clothes for us with those fabrics. I think it will be a good summer.



# MY SUMMER VACATION

Dina Ohadi

First, I want to rest after hard exams. I want to watch a lot of films that I always wanted. After, I want to improve my English. So, I want to watch English films without subtitles. I want to read English books and I want to tell my English. I want to practice grammar and vocabulary. After, I want to learn new things like solving the Rubik's Cube, cooking cakes and making bracelets. Then I want to join the gym again to improve in volleyball. And at the end, I want to make a better job and better relationships, making healthy and good relationships. I want to visit my relatives every weekend and meet my friends at parks or cafes. I wish to have a good summer and everything is going to be better. Bye-bye.

Nazanin Zahra Mansoori

There are many things you can do in summer. You can go out with your friends, try something new or improve something you are weak at, but I have a special plan for my summer. I like to read a lot of books in my summer. You know? Reading books is full of good feelings I like to live my daily life like everyone else all day and watch movies from evening to midnight And I even like to set aside part of my week for the gym How about you? What are your plans for your summer?



# MY SUMMER VACATION

Zahra Hadipoor

Summer is a good time to make plans for your future and grow in life. So, for this summer I have some plans to have some good times. At first about my lifestyle, I will start playing basketball three days a week. It can help me to lose weight and have a healthy body for the rest of the year. The second plan that I have is to start learning my next year's lessons. This is a great way to get good marks at the terms. The next plan is to learn and try a new ability like cooking or baking cakes. At the end, if you want to have a clean mind for your year, summer is a good time to make it.

Zohre

For this summer, I want to have a lot of fun I want to go out with my friends, and I also want to watch all series I couldn't; watch in these times and I will go to summer school, I think . I want to try hard for next year I'm going to take sport classes and try a lot I hope to have a great summer! thank you



## Reyhaneh Sheykhi

My summer plan is very exciting. First after school finishes, I want to rest for a few days and do nothing because I am really busy in school days so I'm tired. Then I have plan to continue learning English because I want to improve my skills. I would like to take horseback riding and shooting classes but I'm not sure about them yet. Maybe I will also join an art class if I have time. I am going to travel with my family and I want to watch some new movies too. I hope this summer will be fun and useful for me.



## Meshkat Rezaee

I want to explain my summer plan this summer I won't have a wonderful plan. But I want to be happy in general. And once a month I want to make cake. Also, I want read my unread books. I'll review my lessons, too. As I said I want to be happy as all, so I will do whatever makes me happy:)

## Dorsa Hamidifar

This summer, I want to have a good and happy time. I plan to learn some new art and try a new sport.

I like learning new things because it is fun and useful. I also want to watch movies and cartoons that I really like. Sometimes, I will go on a trip with my family and visit new places. I think traveling can be exciting and interesting.

I also want to play many games with my little sister. She is very funny, and I enjoy spending time with her. I hope this summer will be full of fun, rest, and nice memories.

## Fatemeh Ramezanpoor

I have many plans to do for this summer vacation .  
First , I want to change my room decoration ; example change my bed and my desk location .  
Next , I want to go to the karate class and basketball class , I want to see my favorite movies again .  
Then , I want to make some accessories and sell them in my canal .Ater that, I want to go to Mashhad . There I visit my grandmother , my aunt and my cousins . I want to go to the Holly shrine and go picnic with my family and have some fun .  
After that I have a summer class for 30 days and I visit my friends after 3 months . I make some games and do my hobby to entertain myself .  
Finally , I get ready for school and buy some tools for school .  
I like summer , because I have many time for do my favorite works !

## Zeinab Moalemi

My summer plans are a bit complicated because I'm not exactly sure what I want to do yet. I'm thinking about taking an English class and going to the gym to lose some weight. I also want to meet up with my friends to catch up, start some new movies and series, and do some reading. Who knows? Maybe I'll end up doing all of them!

## Tasnim Sekhavat

Hello 🍓

!For summer I have prepared a good plan but I don't know I can execute it or no

I want to go to the art class because I like painting , after class I should exercise, if I don't exercise, I will not be successful

And I want cooking 👩🍳

I like food and I think it will be good I can cook my favorite foods

Summer is good because I can execute my favorite plan

Thank you 🍷🍋



## Zahra Ahmadinejad

My plan for the summer is simple. I want to put aside the fatigue of this year and rest. I want to read new books and develop my brain. I want to make my obligatory work routine so that it becomes easy for me. I want to earn enough money to be able to live independently from my family and this is one of my fantasies. I want to study the lessons of the ninth grade before starting it so that I am ready for it. And in general, my plan is simple yet full of content.



## Fatemeh Allameh

I have a lot of plans for my summer I like to do my favorite works. first, I want to go football or volleyball class because they are my favorites sport and after that I want to get better in drawing and draw a lot of new things. I really like drawing. for a rest of the plan, I go outside with friend, sleep and rest , go on a trip and study little. I like to do these :)

## Fatemeh Marvi

well, This summer, I'm going to do the most important thing: sleep. Like... a lot. All year I've been studying, so now I deserve to be fully lazy and enjoy my time. I'm planning to hang out with friends, watch movies, and just chill all day like it's my full-time job. But I also know this is kind of my last easy summer, because next school year I can't take it easy like this anymore. I really have to get serious then and study a lot more, so for now I'm just trying to enjoy my free time as much as I can before the pressure kicks in again.

## Boshra Ghaemi

I think this summer is going to be my favorite summer I'm going to take a basketball class because I want to be better for match and dribbling. I want to join in volleyball class

because I like this exercise and I want to be libero. I going to take e gymnastic class , I take this sport for four years and I like this exercise because I can get stronger .I want to build the best version of myself. This summer is going to be fun. I'm going to learn new things stay active and enjoy every moment



## Yeganeh Zahra Joharifard

I really want to do many things this summer but I'm not sure how many can I'll do. Every year I have some plans for my summer to have meaningful and beneficial season. That's a great opportune to achieve some goals. This summer I'll turning 16. First of all I would like to buy motorcycle and ride it by myself. It will be amazing experience, I guess! Then I'll prefer to spend my free time with my friends with traveling together and having lots of fun with each other wherever. I also will improve my knowledge about everything especially the history. Anyways I hope to have balanced summer plan.

## Narges Alavi

Hello, my subject is my summer plan.

This summer, I have a few good plans in mind. Initially, I intend to dedicate more time to my interests, such as reading books and trying new recipes. I have also decided to exercise a few times a week to stay healthy and active. In the evenings, I plan to spend time with my friends and enjoy the warm summer days. In my opinion, this summer will be a good opportunity for rest, learning, and new experiences.

# Happy Teachers' Day

## Teachers' Day in Tazkiyeh

Teachers' Day is a special day for the appreciation of teachers. It may include celebrations to honor them for their special contributions in a particular field area, or the community tone in education.



# MY BEST FRIEND!

Zeinab Shirazi

Maryam Enayatzadeh

I have two best friends but I want to talking about one of them  
Actually, she is a really quiet girl  
She is very good at anything and she can get what she wants  
She likes music and movie  
She is interested in cooking  
I really like her because of her personality because she is a  
honestly, perfect girl and she is so kind and generous girl  
She likes book too  
And finally, I want to tell her that I am really happy to met you 😊

My best friend is Nazanin .  
She is my classmate and our  
mothers are friends together .  
Nazanin is very kind and generous  
and cute also charming . We go out  
together and study for our school's  
book. I am very happy to have a  
good friend in my life .

Zahra Hayati

My best friend is Yekta.  
She is a very kind friend.  
She cares about all the kids in the class and encourages them to  
get good grades.  
She and I love ice cream and sometimes we eat ice cream together  
after school.  
Being with her makes me feel very good and these days I miss her.  
She is very faithful and I think she is a very good friend.





## *Zoha Negini*

My Best Friends  
My closest friends are Avina, Mona, and Helma. I care about them a lot because they are very kind and nice to me. Avina's favorite color is red, Mona's favorite color is green, and Helma's favorite color is pink. We all have different favorite colors, but we still understand and support each other. One thing we all love is the TV show Stranger Things. We enjoy talking about it and sharing our ideas with each other. Spending time with my friends makes me feel happy and comfortable. I am very lucky to have such good friends in my life.

## *Rose Parsaeean*

Leila is my good friend. . She is not in my school, but we are friends.

She is very nice, funny, helpful. I like talking to her. She listens to me. We have fun when we see each other, get food,

I like Leila a lot. She is a great friend.



## *Fatemeh Zahra Khosrojerdi*

Her name is Fatemeh Helma. Fatemeh Helma was born in Tehran and is a year older than me. I met her on Kish Island, in the mosque, I think I was 8 years old at the time. First with her sister Hasna, then with Fatemeh Helma. She is fun and she is interesting in football. Usually I and Helma watch movies with hot popcorn. I would like to stay friends with Fatemeh Helma forever.

## *Hosna Khosravi*

I have many friends. I am close with some of them. I am very close to Mohaddeseh. she is best friend. I became close with her in third grade. She is not in my school. She is very kind and fun. I saw her at the gatherings and spoke to her. I like spending time with Mohaddeseh..

## *Hananeh Sherafati*

My best friend is a very good person.

she always helps me and supports me.

It's true that she is very serious and angry sometimes, but she has a kind heart. I think everyone should have a friend like mine.

## *Saba Sarabi*

Hello my name is Saba Sarabi. My best friend is Hanieh. She is my friend since childhood . We go to the park every week and play there. We are always happy together and we study every day She has two brother and one sister . Her brothers name are Hassa and Hosain and her sister's name is Hoda . Her live in Tehran and her school is Sotode.





### *Zahra Sadat Hosseini*

My best friend is Hani. She is 12 years old. She has 2 sisters. They are Fateme and Motahari. Motahari she is 8 and Fateme is 15 years old. Her mother she is chef and Her father he is engineer. Hani's address is 46 Omid street Heravi. Hani studying in Fatemion school with your sister. She loves pasta and pizza. In afternoon she eats ice cream. In summer she goes to swimming class.

### *Fatemeh Jaahi*

I want to talking about my best friend Boshra is beautiful girls She has a 2 sisters Boshra good in math She has a white face and green eyes She has a lot of pens She doesn't like meat and fish She is good for basketball and swim She is very good friend ♥

### *Fatemeh Sobat*

My Best Friend is Mahya. She is beautiful and kind. Mahya's mother is teacher. Me and Mahya favorite exercise is football. Me playing football in the yard with Mahya. Mahya's favorite color is purple. I love Mahya We are Best Friend.



### *Avina Khayamhashemi*

My best friends are...  
In this world, I have three friends who are like mountains behind me and who care about me in all situations. Zoha, Mona, and Helma, the lights in my life. We have been friends for around 5 months. Our morals and actions are different, but it is these differences that make our friendship more beautiful.

### *Sana Eskandari*

my best friend is Meshkat. she is so funny. her favorite colors are: pink, white, black. she is an artist. she is doesn't like eat food. her favorite animal it is cat. she doesn't have any phone but she has one tablet. she likes chips and cocoa milk.

### *Hoda torbatifard*

"I have a best friend. Her name is Sara. She is very kind and funny. We go to school together every day. In our free time, we like to listen to music and talk. She always helps me when I am sad. I am very happy to have a friend like her. She is special to me."



### *Fatemeh Mohammadi*

Hi 🤝 my best friend  
My best friend name is  
Solaleh Sadat and her last  
name is Hashemi , I love her  
because she is a beautiful,  
honest intelligent girl. She  
always help me by my  
homework and I can  
understand what did she say  
really good. One day we went  
to a botanical garden with our  
family and we had a good day  
with us and we ate some  
delicious food like pizza. I  
hope she has good time with  
her family every day...  
Goo

### *Yekta Esfandiyar*

.In the name of God  
My best friend is Mehra's  
is13years old. She has a sister.  
She is very kind and clever.  
She wears glasses. Mehrsa and  
I always played skate with an  
ice cream. We love ice cream.  
Mehrsa is perfect in English.  
We are friend for 4 years. We  
were classmate until last year.  
Her favorite color is green and  
she like's Avocado. I am happy  
whenever I see her. I love her.

# A Memorable Trip



*Ellay Dallani*

My most memorable trip was during the war . When things became very bad , we had to leave our home . It was not only my family . My grand parents, my uncle, my cousins came with us too.  
At first, I was very sad . All of us had lived in one house , and i thought it was not good . I missed our home and my old life  
But when we arrived, things slowly changed . It was not as bad as i thought . There was a war and many bad things happened, we were together .we talked , laughed and spent time with each other .  
Because we were all together , we felt better . In the end , we were happy and thankful to be with our family.

*Sajedah Ahmadi*

One of the most memorable trips of my life was to Mashhad whit my friend. We went there last winter . The weather was rainy and everything looked fresh

We traveled by train early in the morning. On the way, we saw green forests, high mountains, and many lovely villages. After a few hours we had lunch 🍲

And During the trip, we visited different places, ate delicious local food, and took many pictures and we bought a lot of souvenirs .  
One of the best parts of the trip was being whit friend.



### *Sarah Taheri Behrooz*

I had a lot of memorable trips, one of them was our trip to Yazd with my friends. It was a wonderful trip; we visited many beautiful and historical places. We talked together at nights, at the morning, we prayed together, and.....

I learned a lot important things in that new experience, I understood that how much I love my family and need them. Also, I learned that how to communicate with people who I hate and how I should control the situations. Then I understood that my teachers and friends are much kinder than I thought they were. My teachers and friends made me a great memory. which I will never forget it

Thanks

### *Hosna Ghadiri*

I want to tell you about one of my most memorable trips. This winter, I traveled to Yazd with my friends. When we arrived in Yazd, we left our things, had breakfast, and then went to visit the beautiful places in Yazd. During this trip, we visited the desert, Dowlat Abad Garden, Amir Chakhmaq Square, and many other places. We rode motorcycles and camels in the desert. We also ate a lot of delicious food and drinks. We sang poems with my friends on the bus and had a lot of fun. We did a lot of shopping.



### *Arefeh Borzoei*

#### A Memorable Trip:

when we were in the sixth grade our school took us to a trip I had a great time there I laughed and played with my friend Bushra it was very beautiful There was a cherry tree and a small river under the tree It was lunch time the weather was great that's why we told the teachers to eat outside when we went outside it started raining and we all went inside everyone was eating quietly but my friend and I were laughing 😊 When we saw a cat come inside everyone screamed but my friend and I were laughing The trip ended and we packed up our things and got on the bus even my friend and I were laughing on the bus In short... I remember this trip because I was with my friend the whole time 🎀💙

### *Hosna Ghadiri*

I want to tell you about one of my most memorable trips. This winter, I traveled to Yazd with my friends. When we arrived in Yazd, we left our things, had breakfast, and then went to visit the beautiful places in Yazd. During this trip, we visited the desert, Dowlat Abad Garden, Amir Chakhmaq Square, and many other places. We rode motorcycles and camels in the desert. We also ate a lot of delicious food and drinks. We sang poems with my friends on the bus and had a lot of fun. We did a lot of shopping. It was one of the most memorable trips I have ever taken.



### *Maryam Isaari*

It was three years ago. We went on a family vacation. We stayed in Isfahan for two days, one day in Kashan, and one day on the way.

It was not a very special trip, but for me it was one of the best trips. The reason was simple: I was with my family, the people I love the most. In those days, I understood something very important. I understood that it is not really about where you go. The most important thing is who you go with.

We saw Naqsh-e Jahan Square, and it was very beautiful. We walked there and enjoyed the place. We breathed the fresh air and felt happy together. We also had delicious meals, and every moment was enjoyable because we were together.

We did many things during the trip. We visited places, spent time with each other, and enjoyed the journey. Maybe nothing amazing happened, but the trip was still wonderful for me. Sometimes simple moments become the best memories.

At the end, we did a lot of things, but the thing I remember the most is that I had an incredible time with my family. That trip taught me that being with the people you love can make even a simple trip unforgettable.

### *Yekta Salmani*

After I finished school, I felt tired and stressed, so my parents suggested a short family trip. It wasn't fancy, and it wasn't very far away, but it turned out to be one of the best weekends we had. We traveled by car to a nearby place in the mountains and stayed in a small apartment close to nature. On the first day, we didn't plan anything complicated. We just relaxed, had breakfast together, and then went for a peaceful walk. In the evening we talked about school, our plans, and some funny memories from the past. We also went to a picnic and visited an amusement park, which made the trip even more exciting. We tried several rides, laughed a lot, and enjoyed every moment together. Even though the trip was simple, it had a lot of energy and joy, and it quickly became one of my favorite memories. What I liked most was that we spent real quality time together. We didn't need big activities or expensive places, just being with my family and having fun was enough. When I went back to school, I felt more motivated, less tired, and ready to continue with a better mood.  
-Yekta Salmani, a Memorable trip



### *Hosna Sadat Armakan*

A few months ago, I traveled to Kish Island, and I have many good memories from that trip

One of my best memories was when we went to the beach. I wanted to go diving like the last time we visited Kish, but the sea had big waves, so diving and shuttle rides were not possible. Then we decided to try parasailing

It was my first time, and I was a little scared. There was also a man and a woman with us. At first they were happy, but before the ride started, the woman became very nervous and her whole body was shaking, so she did not go. When I started parasailing, I kept going higher and higher. At first I closed my eyes, but when I opened them, I was very far from the ground. The weather was amazing, and the ocean looked dark blue with beautiful waves. I love heights, the ocean, and flying, so that day became one of the best memories of my life

### *Sarah Behgooy*

One of the most memorable trips I went on was to Kish. I went with my kind uncle, my lovely aunt, and my cousin. We visited many places and did a lot of fun activities. We went to the wind tunnel, and it was very exciting. Then we visited the Zombie Hotel, and they took photos of us too. We also went to the beach, took a cable car, and watched the sea from above. Later, we went to a karting place and had a race together. My aunt and I also ate mochi, and it was delicious. We shopped in many stores and tried many tasty foreign snacks. In the end, I surprised everyone with cinema tickets, and we watched a movie together. The next day, our trip ended, and I felt really sad but very happy.



### *Zahra Ashtiyani*

Two years ago, I went on a wonderful trip to Kish Island with my family and our close family friends. We traveled by plane, and everyone was very excited. When we arrived, we felt the warm weather and the fresh sea breeze. On the first day, we went to the beach. The water was clear and blue, and the sand was soft. We played near the water, took pictures, and enjoyed the beautiful view. We also played volleyball with our friends on the beach, which was very fun. We also went shopping in centers like Pardis and Venus. We bought clothes, snacks, chocolates, and small souvenirs. Shopping with our family friends was very enjoyable. Another day, we visited the Dolphin Park. The dolphin show was amazing, and we also saw colorful fish in the aquarium. At night, we walked around the island and enjoyed the lights and music. This trip to Kish was very special for me. I had a lot of fun and made great memories with my family and friends.

### *Mahla sadat Tabatabaei*

A Memorable Trip  
I have visited Shiraz, one of a most beautiful and poetic cities of Iran. In this trip I enjoyed from its calm and quiet streets. It has a pretty spring and lovely weather. I have walked around Hafezieh and seen the beauty of its peaceful atmosphere. Also, I have visited the Nasir al-Mulk Mosque and its colorful light. During the trip, I have tried some local sweets and have loved their taste. all of them have made this journey very special for me.



*Zahra Karami*

I want to write about one of the best and most memorable trips of my life. When I was seven years old, I went with my family to Bandar Abbas. There, the city was very hot, but still incredibly beautiful. Every day, we went out and played. Then, we visited some of the wonderful sights in the south. After that, we traveled by ship to Qeshm.

On Qeshm Island, we created many unforgettable experiences. After getting off the ship, we could see seagulls flying in the sky, hunting fish. At the same time, unfortunately, the wind even blew my hat away!

We went shopping, went to the sea, and got on a boat. While we were on the boat, I almost fell into the water—but fortunately, that didn't happen. When we got close to the shore, I saw a very big and strange crab.

Overall, this trip was truly interesting and memorable for me, and I will never forget it.



### *Melika Zarandi*

When it comes to travel, most people think of cities, countries, and places to visit, but my mind goes to the amazing and fascinating journey of dreams. The world of dreams is very interesting. When you enter it, you are drawn to the unknown and you feel the passion and excitement completely, even though it is a dream!

No matter how much others say that a dream is a dream, I will not change my mind. A dream is a journey of creativity and imagination. A journey that its souvenir is a whole lot of thoughts and fantasies about it, and one of its beauties is these thoughts and fantasies. Thoughts about the future, past, present, emotions, and logic. Another feature of this journey is that it is completely unlimited and has no boundaries. The variety of its topics is limitless, and nothing stops you from your path except your own mind.

?Isn't it beautiful





## *Zahra Akbarzadeh*

One of the most memorable trips for me was the one I took in February last year. We went to Kish on this trip. There were some very cool and interesting things that happened in Kish, and a little bit of a concern. We went to the sea and the cable car and rode a boat, then we went to offroad and there we also drove a lot and I was able to ride a paraglider. It was a very exciting thing for me for the first time. I wasn't afraid because I wanted to experience it. After taking a lot of pictures and having fun, I saw a woman there who put a snake around my neck and I took a picture with her and a sun worshipper. My mom was so scared that she wouldn't even come forward, but I wasn't afraid, I really liked it. The worrying thing was that when we got in a taxi to go to the sea, when I got out of the car, I realized that my phone was not there, even though I remembered that I had it in my hand. Finally, I realized that I left my phone in the taxi and cried a lot. Even though I did a lot of shopping and bought some attractive clothes, I was not happy at all and I was not in a good mood. Until the next morning, when we were going to the Greek ship to return to the airport to return to Tehran, my mom and dad followed up and talked to a driver and found out that they had given my phone to a gentleman. I was so happy that I didn't know what to do. When I got my phone, there was a light in my eyes and I was able to laugh afterwards. Of course, from then on, whenever I want to go somewhere, I check my phone three times so that I don't leave it behind. 😊

Afterwards we were able to talk to the locals and get henna applied to my hands which was very enjoyable. The most important things that made this trip feel peaceful and happy for me were that I went to school and my friends went to school.

I hope you also had a trip where you laughed and had fun



## *Fatemeh Rafiee*

My most memorable trip was went to the shiraz in last year. We visited places of interest . First visited a Hafez's tomb and we read poems. He is famous poet .Then went to a Karim Khan Citadel and aet Ice cream faloda Next went to a Imamzadeh Shah Cheragh and We visited the shrine. Last went to a passaged palace and we learned. Its perfect trip

## *Saba Sadat Moosavi*

Last year, I had a very special trip with my family. It was one of the best experiences of my life. We traveled to a beautiful city with mountains and clean air. From the first day, I felt happy and excited. Every morning, we went out to explore the city. We visited old places, walked in the streets, and tried different local foods. Everything was new and interesting for me. I enjoyed learning about the culture and history of that place. One evening, we went to a high place to watch the sunset. The sky was full of beautiful colors like orange and pink. It was calm and peaceful. At that moment, I felt very thankful for my family and for that wonderful trip.

We took many pictures and laughed a lot. We talked for hours and shared great moments together. This trip was not only about visiting a new place, but also about spending quality time with the people I love. I will never forget this trip because it gave me beautiful memories that will stay in my heart forever.



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*Reyhaneh Zahra Asadi*

My most memorable trip was to the mountains last summer. It was a family vacation, and we stayed in a small wooden cabin surrounded by tall pine trees. The air was fresh and clean.

Every morning, we went hiking and enjoyed the beautiful nature. One day, we walked to a waterfall. The water was cold and refreshing. We also saw birds, deer, and many flowers.

In the evenings, we sat together, talked, and played games. It was a peaceful and happy time. This trip was very special because I spent time with my family and enjoyed the beauty of nature. It was a trip I will never forget.





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